

GreatLife Golf & Fitness 2010 Junior Golf

Junior Golf is available to golfers between the ages of 5 & 17. It is designed to present the game of golf as a fun, competitive and exciting sport.

Sessions at Berkshire or Western Hills

Session I	Tues/Thur	6/1 - 6/24	(am @ WH, pm @ BCC)
Session II	Wed/Fri	6/2 - 6/25	(am @ BCC, pm @ WH)
Session III	Tues/Thur	6/29 - 7/22	(am @ WH, pm @ BCC)
Session IV	Wed/Fri	6/30 - 7/23	(am @ BCC, pm @ WH)

AM Sessions

8:00 am - 9:00 am	Advanced (3+ yrs golf experience)
9:00 am - 10:00 am	Intermediate (1-3 yrs golf experience)
10:00 am - 11:00 am	Beginner (less than 1 yr golf experience)

PM Sessions

1:00 pm - 2:00 pm	Advanced (3+ yrs golf experience)
2:00 pm - 3:00 pm	Intermediate (1-3 yrs golf experience)
3:00 pm - 4:00 pm	Beginner (less than 1 yr golf)

Cost for the Program

Register and pay **BEFORE May 1st:**

One Session	\$80
Two or more Sessions	\$70/session

Register and pay **AFTER May 1st:**

One Session	\$100
Two or more Sessions	\$80/session

FOR MORE INFORMATION CONTACT

Garrett Rediker

GreatLife Golf & Fitness Head Golf Professional
(785) 200-4447

Garrett Rediker has over 12 years of golf teaching experience. Garrett attended Kansas State University. He has had the opportunity to teach golf and perform other golf related responsibilities at Junction City Country Club, Thorntree Country Club in Desoto, TX, Bryn Mawr Country Club in Chicago, IL and Jeff Symmonds Golf School in Las Vegas, NV. GreatLife is very pleased and honored to add Garrett to our team.

INSTRUCTION TOPICS

Swing Lessons

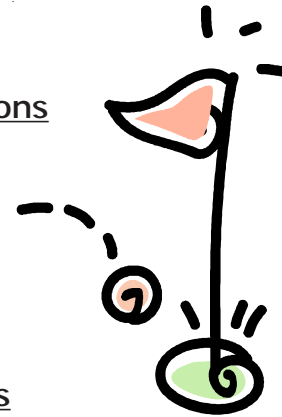
- Grip, stance, setup and alignment
- Follow through and putting
- Takeaway and chipping
- Top of swing and pitching
- Downswing and putting
- Full swing

Etiquette Lessons

- Safety
- Care of putting green
- Care of bunkers
- Pace of play
- Ball marks and divots
- Respect the game

Rule Lessons

- Rule 10 - Order of play
- Putting Green
- Rule 11 - Teeing ground
- Rule 27 - Lost Ball
- Relief from cart paths
- Water hazards
- Ball in motion deflected



Junior Golf Registration Form

Participants Name _____

Birth Date ____/____/____ Age on 6/1/10 _____

Current Grade in School 2009/2010 school year _____

Attending School at _____

Please Check one:

_____ Beginner (less than 1 yr golf experience)

_____ Intermediate (1-3 yrs golf experience)

_____ Advanced (3+ yrs golf experience)

Parent(s) Name(s) _____

Address _____

City _____ Zip _____

Daytime Phone _____

Evening Phone _____

E-Mail Address _____

Emergency Contact _____

Relationship _____

Phone _____

***Payment information and
Waiver of Liability on reverse side***

OFFICE USE ONLY

Amount Paid \$ _____ Check _____ Credit Card _____ Cash _____

Location (please circle) Berkshire or Western Hills

Sessions

- ___ I Tues/Thur 6/1 - 6/24 (am @ WH, pm @ BCC)
- ___ II Wed/Fri 6/2 - 6/25 (am @ BCC, pm @ WH)
- ___ III Tues/Thur 6/29 - 7/22 (am @ WH, pm @ BCC)
- ___ IV Wed/Fri 6/30 - 7/23 (am @ BCC, pm @ WH)

(golfers will be placed in sessions on a first come, first serve basis)

Yes, I am interested in competing in Team Play

No, I am not interested in competing in Team Play

Please make checks payable to: GreatLife Golf & Fitness

Registration forms can be mailed or hand delivered to Berkshire or Western Hills.

WAIVER OF LIABILITY DISCLAIMER

I, the parent/legal guardian of _____ hereby give my consent and agree to release, indemnify, and hold harmless J.J. & J., Inc. (dba GreatLife Golf & Fitness) its instructors, employees or representatives from any claim arising out of any and all injury or condition caused by/or aggravated by our/my refusal to obtain available medical treatment base on religious or philosophical beliefs.

_____/_____/_____
Signature of parent/legal guardian Date

Registration Form, waiver and payment must be completed prior to participating in any Junior Golf activities.

CITY WIDE TEAM PLAY

Team play is a city wide competitive junior competition between other area Topeka courses. The competition is divided into age groups for both girls and boys as follows:

Girls		Boys	
age 12 & under	9 holes	age 12 & under	9 holes
age 13-14	9 holes	age 13-14	18 holes
age 15-17	18 holes	age 15-17	18 holes

Each week, the program instructors will ask those juniors who are available to participate in the upcoming team play competition to play 9 or 18 holes of golf (depending on gender and age) and report their score. In order to qualify for a team play event a target score must be met depending on age group. After all scores are received, the staff will choose the team member for that week. Those who qualify and wish to play will be guaranteed participation in at least one team play event.

For additional information...www.topekajuniorgolf.com

TEAM PLAY EVENT DATES

(Tee times starting at 8:00 am. Tee times are assigned by the course hosting the event.)

- Mon, June 21 Lake Shawnee
- Mon, June 28 Berkshire
- Mon, July 5 Cypress Ridge
- Fri, July 9 Shawnee Country Clu
- Mon, July 12 Western Hills
- Mon, July 19 Topeka Country Club
- Thur, July 22 City Junior Tour - Western Hills
- Fri, July 23 City Junior Tour - Shawnee Country Club



**2010
Junior Golf**

Available at:

GreatLife Golf & Fitness
Western Hills
8533 SW 21st Street
Topeka, Kansas 66615
(785) 478-4000

GreatLife Golf & Fitness
Berkshire
3720 SW 45th Street
Topeka, Kansas 66610
(785) 267-7888

visit us online: www.greatlifegolf.com